



## 2008 Tryout Notice

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Norwell Little League Tryouts are held to evaluate 8 year old players wishing to “play up” in the College league and 11 year old players wishing to “play up” in the Major League.

Tryouts will be held from 6:00PM to 8:00PM on Saturday, March 1, 2008 and Tuesday, March 4, 2008 at Baseball Plus on Route 139 in Marshfield.

More specific times within the two hour window will be assigned and communicated as the total number of participants becomes clear.

Space at the facility is limited so we ask that, if at all possible, only those players trying out attend.

### What to Bring

Each player should bring their fielder's mitt (not catcher's or first baseman's mitt!). Bats are optional, and will be provided if a player doesn't bring their own. If a player has his own batting helmet they can bring that, too, otherwise one will be provided. All equipment should be labeled with player's name and phone number.

### What to Wear

Dress as you would for practice: tee shirts / sweatshirts, baseball pants or sweatpants and sneakers (no cleats!)

### How it Works

The players will be evaluated in three baseball skills; Hitting, Fielding and Throwing. Evaluations are conducted by a group of Norwell Little League volunteers who will rate each player in each skill according to the scoring detailed below. These ratings will be used to identify players who will be eligible to “play-up” into the College (8 year olds) or Major (11 year olds) league divisions. These eligible players will be added to the draft pool for those leagues and drafted to a team.

The players are rotated through two skill stations, with multiple stations operating simultaneously to keep things moving. League evaluators will see each player at each station.

***NOTE: Ratings will be held as confidential by the board, evaluators and volunteers.***

### Skills

#### Hitting

Each player is given three warm-up swings and 10 evaluation swings in the batting cage from a pitching machine. They are evaluated based on how well they swing the bat and their technique (swing mechanics), how well they hit the ball (contact), and how hard / how far they hit the ball (power).

#### Fielding & Throwing

Five to ten balls hit by the coach to the shortstop position. Kids will be evaluated on ability to get into position (reaction), field the ball, and throw to first with strength and accuracy. The overall sequence will be evaluated as their ‘mechanics’ (body position, two-hands, throwing motion, etc...).